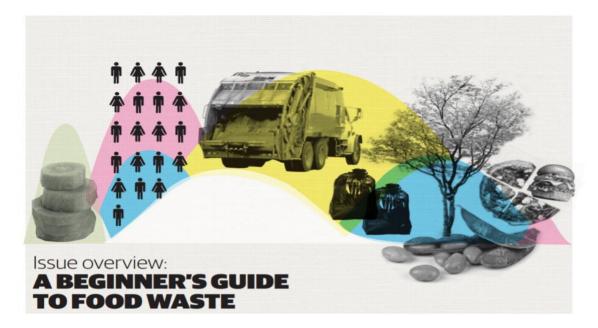


## **GRADUATE IN SECONDARY EDUCATION**

### **OPEN TEST**

# **COMMUNICATION SKILLS: ENGLISH**

SURNAMES AND NAME:	
SIGNATURE:	



Not eating every scrap on your plate is one thing... and dumping your dinner straight from the saucepan into the bin is quite another.

Do you think you never waste food like that? Think again. Recent research shows we needlessly throw away loads of perfectly good food (4.2m tonnes in the UK in 2012)

Why do we waste so much food?

Partly perhaps, it's because we live in a culture where there has always been more than enough. Our grandparents would never throw out scraps

from the Sunday roast. They would mix up the last bits of meat with some salad cream and yesterday's vegetables and use it as a sandwich filling. They lived through a war when food was rationed.

Until recently, food has also been cheap. When something is cheap it's psychologically easier to discard it than when it costs a lot.

Another reason might be that not as many people know how to cook from scratch as they used to. Now that many more people have busy jobs that pay the mortgage, there's far less time for anyone to be cooking in

the kitchen.

Frankly, it can feel easier to call out for a pizza than start dreaming up a tasty dinner from a pile of ingredients when you're tired, hungry and just want something on your plate.

It might feel like a lot of effort to change how we view and treat food. But most people love eating, and inventing new recipes can be a lot of fun.

Fortunately, the result is likely to be yummy far more often than it's horrid; and if it turns out badly, just remember that every great chef makes mistakes!

It is worth making the effort not to waste food. If we're going to protect the planet, respect other humans who don't have enough, save some money and nourish ourselves properly, we have to stop wasting food when we could be eating it.

1. - Are the following statements TRUE or FALSE according to the text? (2

## 1. Reading Comprehension (2 points)

points)					
1. – Our great-grandparents o	lo not mind throwing out food on Sunday:				
2. – When something is expe	nsive, we usually discard it easily:				
3. – Nowadays, people have l	ess time to cook:				
4. – Inventing new recipes ca	n be very enjoyable:				
2 Answer the following your own words, in full se	questions using information from the text and entences. (2 points)				
1. – How many million tonnes	of perfect food was wasted in 2012 in the UK?				
2 Mby is it important to sto	n weating food? (Cive at least two reasons)				
	p wasting food? (Give at least two reasons)				
3 Vocabulary. Find words in the text meaning the following: (1 point)					
1000 kilograms					
restricted					
occupied					
delicious					

### 4. Read the text and choose the correct answer. (2 points)

### The Story of McDonald's



#### Underline the correct answer:

(1)	have	has	is having	is has
(2)	on	at	for	in
(3)	was	were	is	are
(4)	sells	sold	selling	sell
(5)	tryed	try	tried	trying
(6)	cooked	cook	cooks	cooking
(7)	more fast	faster	fasts	more faster
(8)	Addition	In addition	Additional	In additional
(9)	waitreses	waitersses	waitresses	waiterss
(10)	a man	the man	man	men

### 5. Write at least 80 words about one of the following topics: (3 points)

#### **HEALTHY DIETS**



#### Think about diets:

- 1. Do you follow a certain diet? Do you limit any foods in your diet? Write about your personal experience.
- 2. Some people believe that it is the responsibility of individuals to take care of their own health and diet. Others however believe that governments should make sure that their citizens have a healthy diet. Discuss both views and give your opinion.
- 3. Describe the kind(s) of healthy food you can cook or food you enjoy cooking at home. Describe the way it is prepared and if you or your family members enjoy it.

Remember: the picture and questions above are just to help you generate ideas. Think and pu your ideas in order before starting to write.