

What is the rationale for the application of specific epidemiological control protocols in areas where seasonal work is taking place?

- Seasonal work entails more than 2,000 people travelling to the Basque Country every year. To ensure the epidemiological control of persons in transit to certain areas, specific pandemic control protocols have been established.
- Given that workers often share accommodation with other workers during this type of job, it is important to ensure the best possible sanitary conditions to prevent the spread of the virus in the event of a confirmed case.

What procedure will apply to me before I start work?

- Before starting work, a PCR test will be offered to screen all seasonal workers who have travelled for the work season.
- The result of this test will determine whether the person has an active COVID19 infection at that time, and will allow immediate measures to be put in place to break the chain of transmission of the disease.
- People who can prove that they have had the disease within the last 90 days will be exempted from this test. (A laboratory report with a validated result will be required).

What happens if the diagnostic test result is positive?

- You will receive an SMS with the result on your mobile phone (if you have previously provided your number).
- An Epidemiological Surveillance team will contact you by telephone to assess your case and determine who your close contacts may have been (cohabitants, work colleagues, social contacts, etc.). These professionals will also assess whether your current accommodation meets the necessary safety conditions to carry out the isolation period or whether you will have to be transferred to a hotel.
- You must remain in isolation for at least 10 days from the onset of symptoms or from the time you were tested if you are asymptomatic. This period could be extended if symptoms persist. A Primary Care team will call you regularly to assess your clinical progress and determine when to discharge you.



What happens if the diagnostic test result is negative?

- You will receive an SMS with the result on your mobile phone (if you have previously provided your number).
- If you have no suspected COVID19 symptoms and you have not been in close contact with a confirmed case in the last few days, you may return to work immediately.

Who is considered to be a close contact?

Any person who has been less than **2 metres** from a confirmed COVID19 case for more than **15 minutes** without the continuous and proper use of a mask.



What if I am a close contact?

If you are a close contact, you will receive a call from the Epidemiological Surveillance team to assess your case and give you the relevant instructions depending on your vaccination status or if you have recently recovered from the disease.

What if I am a close contact and I am not fully vaccinated or have not recovered from COVID-19 yet?

- If you have not been fully vaccinated and/or been free of the disease in the last 180 days, and if you have had a recent close contact, you will have to comply with a quarantine of at least 10 days. A first negative result in a diagnostic test means that no traces of virus could be detected in the sample, but that does not mean that you cannot be incubating it. That is why it is important that you remain in quarantine for 10 days after the risk exposure, even if you do not have any symptoms. At the end of this period, another PCR will be performed, and if it is negative again and you still do not have any suspicious symptoms, the quarantine will be terminated.
- The epidemiological surveillance team will carry out an assessment to determine whether your current accommodation meets the necessary safety conditions for quarantine or whether a transfer to a hotel would be necessary.

What if I am a close contact but have recovered from COVID-19 in the previous 180 days or have been fully vaccinated?

- **If you have recovered from the disease in the previous 90 days:** as long as you do not present suspicious symptoms of COVID-19, you are exempted from diagnostic tests and a 10-day quarantine.
- **If you have recovered from the disease in the previous 90-180 days and/or you provide proof that you are fully vaccinated:** as long as you do not have suspicious symptoms of COVID-19, you do NOT have to comply with the 10-day quarantine, but you must perform a PCR test 8 days after the date of the last contact with the positive case.
- **In both cases,** you should take the following recommendations into account:
 - Correct use of face masks in social encounters.
 - Do not attend mass events.
 - Avoid contact with vulnerable and unvaccinated people.
 - Watch for the development of compatible symptoms within 14 days from the date of your last contact with a positive case.

What does it mean to be fully vaccinated?

PFIZER Vaccine

Have two doses and more than 7 days have passed since the last vaccination.

MODERNA Vaccine

Have two doses and more than 14 days have passed since the last vaccination.

ASTRAZENECA Vaccine

Have two doses and more than 14 days have passed since the last vaccination.

JANSSEN Vaccine

Have one dose and more than 14 days have passed since the vaccination.

Mixed vaccination

1st dose AstraZeneca + 2nd dose Pfizer and more than 7 days since the last vaccination

1st dose AstraZeneca + 2nd dose Moderna and more than 14 days since the last vaccination

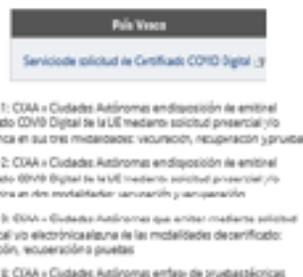
Will I be offered a vaccine?

Yes, if you have not been vaccinated, you will be offered the chance to be vaccinated at the same facility where the samples are collected. If you accept, a single dose of the **Janssen** vaccine will be administered.

How can I obtain my COVID-19 Digital Certificate?

Go to the following link on the Ministry's website: <https://www.mscbs.gob.es/profesionales/saludPublica/ccayes/alertasActual/nCov/ccd/ccaa.htm>

When you open the link, the Ministry's website will display a map of Spain. You must click on the Autonomous Community where you have been vaccinated or have had a positive COVID19 test, to obtain your certificate:



NOTE

If you have been vaccinated or have tested positive for COVID-19 **IN ANOTHER COUNTRY** and you have a document with this information, it is important that you bring it with you.

What happens once the isolation/quarantine has been completed?

Once you have been discharged, you will be transferred back to your place of residence and you will be able to return to work immediately.

Will I receive financial compensation for the days I spend in quarantine/isolation?

If you are a close contact, you will receive a call from the Epidemiological Surveillance team to assess your case and evaluate whether your current accommodation meets the necessary safety conditions for quarantine or whether you should be transferred to a hotel.

Where will I be offered accommodation if I am a confirmed case or a close contact?

If a decision is made that it is impossible to comply with the isolation and/or quarantine conditions in your current temporary residence, your transfer to a special hotel will be arranged.



Parque Tecnológico de Zamudio. Edificio 806, Bizkaia

You may be considered for referral to these hotels if you are considered a **close contact or confirmed case to ensure a safe quarantine and provided that the severity of your clinical condition does not require admission to hospital.**

- ✓ These services are completely free of charge for transferees and offer both accommodation and food services. The transfer to these hotels, if you do not have your own vehicle, can be arranged by ambulance or bus, at no cost to you.
- ✓ A team of nurses in coordination with Primary Care facilities will call regularly to assess the clinical condition and needs of the people transferred to the hotel.
- ✓ From the COVID19 Case and Contact Monitoring Network, we can activate an interpreter service to help us communicate and overcome the language barrier. We can also provide professionals specialised in detecting your needs, providing support, and **activating and arranging social resources in coordination with the region's various social agents.**
- ✓ Remember to pack a small suitcase with your personal belongings, warm clothes, medication, mobile phone charger, books, entertainment material.... **it is important that you pack everything you will need during the days of your isolation/quarantine.**

What general recommendations should I implement to reduce the risk of transmitting the disease?

CORONAVIRUS

EVITA LA TRANSMISIÓN
REDUCE LOS CONTACTOS

- 

1 UTILIZA MASCARELLA. REQUERIDA QUE SU USO ES OBLIGATORIO
- 

2 LÁVATE LAS MANOS
- 

3 MANTÉN LA DISTANCIA DE SEGURIDAD (MÍNIMO 1.5 M)
- 

4 EVITA LAS AGLOMERACIONES DE PERSONAS. SUPONEN UN IMPORTANTE FOCO DE TRANSMISIÓN DEL VIRUS
- 

5 EVITA TOCAR SUPERFICIES COMUNES. SI LO HACES, LÁVATE LAS MANOS
- 

6 CUANDO LLEGUES A CASA, LIMPIA LO QUE PUEDA ESTAR CONTAMINADO

SI TIENES ESTOS SÍNTOMAS



TOS



DOLORES DE CABEZA



PIEBRE
+37



SENSACIONES DE ESTAR EN AIRE



IRRITACIÓN EN LA GARGANTA

AISLAMIENTO



PERMANECE EN CASA. PODRÁS ESTAR CONTAGIADO



CONTACTA CON TU CENTRO DE SALUD

Osakidetza

EUSKO JAURLARITZA GOBIERNO VASCO

Where can I find more information?

For further information, please consult the official health department information channels:
<https://www.euskadi.eus/material-informativo-coronavirus/web01-a2korona/es/>