

JUANJO BADILLO (BIBLIOGRAFÍA)

1. [Importance of the Propulsive Phase in Strength Assessment](#)
2. [Movement Velocity as a Measure of Loading Intensity in Resistance Training](#)
3. [The Importance of Movement Velocity as a Measure to Control Resistance Training Intensity](#)
4. [Velocity Loss as an Indicator of Neuromuscular Fatigue during Resistance Training](#)
5. [Velocity- and Power-Load Relationships of the Bench Pull vs. Bench Press Exercises](#)
6. [EFFECTS OF RESISTED SPRINT TRAINING ON ACCELERATION WITH THREE DIFFERENT LOADS ACCOUNTING FOR 5, 12.5, AND 20% OF BODY MASS](#)
7. [Maximal intended velocity training induces greater gains in bench press performance than deliberately slower half-velocity training](#)
8. [Effect of Movement Velocity during Resistance Training on Neuromuscular Performance](#)
9. [**Determinant Factors of Repeat Sprint Sequences in Young Soccer Players**](#)
10. [Short-term Recovery Following Resistance Exercise Leading or not to Failure](#)
11. [EFFECTS OF VELOCITY-BASED RESISTANCE TRAINING ON YOUNG SOCCER PLAYERS OF DIFFERENT AGES](#)
12. [Acute and delayed response to resistance exercise leading or not leading to muscle failure](#)
13. [EFFECTS OF VELOCITY LOSS DURING RESISTANCE TRAINING ON PERFORMANCE IN PROFESSIONAL SOCCER PLAYERS](#)
14. [Effects of velocity loss during resistance training on athletic performance, strength gains and muscle adaptations](#)
15. [Estimation of Relative Load From Bar Velocity in the Full Back Squat Exercise](#)
16. [Velocity loss as a variable for Monitoring Resistance Exercise](#)
17. [Control de la carga de entrenamiento a través del CMJ en pruebas de velocidad y saltos para optimizar el rendimiento deportivo en atletismo](#)
18. [Effects of Combined Resistance Training and Plyometrics on Physical Performance in Young Soccer Players](#)
19. [Effect of Low- vs. Moderate-load Squat Training on Strength, Jump and Sprint Performance in Physically Active Women](#)
20. [MAXIMAL VELOCITY AS DISCRIMINATING FACTOR IN LOADED SQUAT JUMP PERFORMANCE](#)
21. [Light-load maximal lifting velocity full squat training program improves important physical and skill characteristics in futsal players](#)