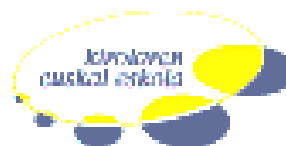


JORNADA

EL TRABAJO DE CANTERA
EN LOS DEPORTES DE EQUIPO:
MODELOS DE ACADEMIAS

*Alavés-Baskonia. BAL Sport Performance System
orientado al trabajo de cantera"* Julen Castellano



eman ta zabal zazu





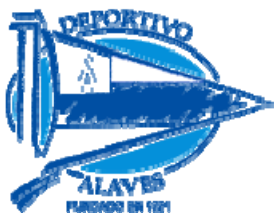
		OCTUBRE		NOVIEMBRE		DICIEMBRE		ENERO		FEBRERO		MARZO		ABRIL		MAYO	
1	S		M		J		D		M		M			L			
2	D	at OBRADOIRO	M		V	vs GALATASARAY	L		J		J	vs EA7 EMPORIO MILAN	D	vs BALONCESTO SEVILLA	M		
3	L		J		S		M		V	vs REAL MADRID	V		L		M		
4	M		V	at CRVENA ZVEZDA	D	at BALONCESTO SEVILLA	M		S				M		J		
5	M		S		L		J	vs UNICS KAZAN	D	at MORABANC ANDORRA	D	vs VALENCIA BASKET	M		V		
6	J		D	vs MANRESA	M		V		L		L		J	vs ZALGUIRIS KAUNAS	S		
7	V	vs UCAM MURCIA	L		M		S		M		M		V		D	vs UNICAJA	
8	S		M		J		D	at FUENLABRADA	M		M		S		L		
9	D	at FC BARCELONA	M		V	vs DARUSSAFKA	L		J	at MACCABI	J	at FENERBAHCE	D	at REAL MADRID	M		
10	L		J		S		M		V		V		L		M		
11	M		V	vs FENERBAHCE	D	vs ESTUDIANTES	M		S		S	12.03.17 AT MALAGA	M		J	at BILBAO BASKET	
12	M		S		L		J	at DARUSSAFKA	D	vs OBRADOIRO	D	at MANRESA	M		V		
13	J		D	at VALENCIA BASKET	M		V		L		L		J		S		
14	V	vs ANADOLU EFES	L		M		S		M		M		V		D	vs FUENLABRADA	
15	S		M	at EA7 EMPORIO MILAN	J	at UNICS KAZAN	D	vs BILBAO BASKET	M		M		S		L		
16	D	vs MORABANC ANDORRA	M		V		L		J	COPA DEL REY	J		D	vs HERBALIFE GC	M		
17	L		J	vs BROSE BAMBERG	S	DESCANSO	M		V		V	vs CSKA MOSCOW	L		M		
18	M		V		D		M		S		S		M		J		
19	M		S		L		J		D		D	DESCANSO	M		V		
20	J		D	vs CAI ZARAGOZA	M		V	at OLYMPIACOS	L			L		J		S	
21	V	at ZALGUIRIS KAUNAS	L		M	vs FC BARCELONA	S		M		M	at BROSE BAMBERG	V		D		
22	S		M		J		D	at UCAM MURCIA	M		M		S		L		
23	D	at JOVENTUT	M		V	at PANATHINAIKOS	L		J		J	vs PANATHINAIKOS	D	at TENERIFE	M		
24	L		J		S		M	vs CRVENA ZVEZDA	V	at ANADOLU EFES	V		L		M		
25	M	at REAL MADRID	V	at CSKA MOSCOW	D		M		S		S		M		J		
26	M		S		L		J	at FC BARCELONA	D	at CAI ZARAGOZA	D	at ESTUDIANTES	M		V		
27	J	vs OLYMPIACOS	D	vs TENERIFE	M	at HERBALIFE GC	V		L		L		J		S		
28	V		L		M		S		M		M		V		D		
29	S		M		J	vs MACCABI	D	vs FC BARCELONA			M		S		L		
30	D	at UNICAJA	M		V	vs REAL MADRID	L			J		D	vs JOVENTUT	M			
31	L				S		M			V	at GALATASARAY					M	

EUROLEAGUE
ACB



EUROLEAGUE
BASKETBALL





TRAYECTORIA EN LIGA:

 Primera División
 Segunda División A
 R Cª. Regional
 Segunda División B
 Tercera División
 - Sin competir

								28/29	29/30
								3	1
30/31	31/32	32/33	33/34	34/35	35/36	36/37	37/38	38/39	39/40
8	9	10	10	-	R	-	-	-	8
40/41	41/42	42/43	43/44	44/45	45/46	46/47	47/48	48/49	49/50
1	3	8	2	3	5	7	10	12	10
50/51	51/52	52/53	53/54	54/55	55/56	56/57	57/58	58/59	59/60
2	9	4	1	10	14	5	7	13	13
60/61	61/62	62/63	63/64	64/65	65/66	66/67	67/68	68/69	69/70
1	4	8	16	1	3	7	1	14	9
70/71	71/72	72/73	73/74	74/75	75/76	76/77	77/78	78/79	79/80
R	7	3	1	16	15	8	11	9	9
80/81	81/82	82/83	83/84	84/85	85/86	86/87	87/88	88/89	89/90
8	17	17	3	3	5	7	8	2	1
90/91	91/92	92/93	93/94	94/95	95/96	96/97	97/98	98/99	99/00
2	4	1	1	1	7	13	1	16	6
00/01	01/02	02/03	03/04	04/05	05/06	06/07	07/08	08/09	09/10
10	7	19	4	3	18	17	17	19	5
10/11	11/12	12/13	13/14	14/15	15/16	16/17	17/18	18/19	19/20
3	6	1	18	13					

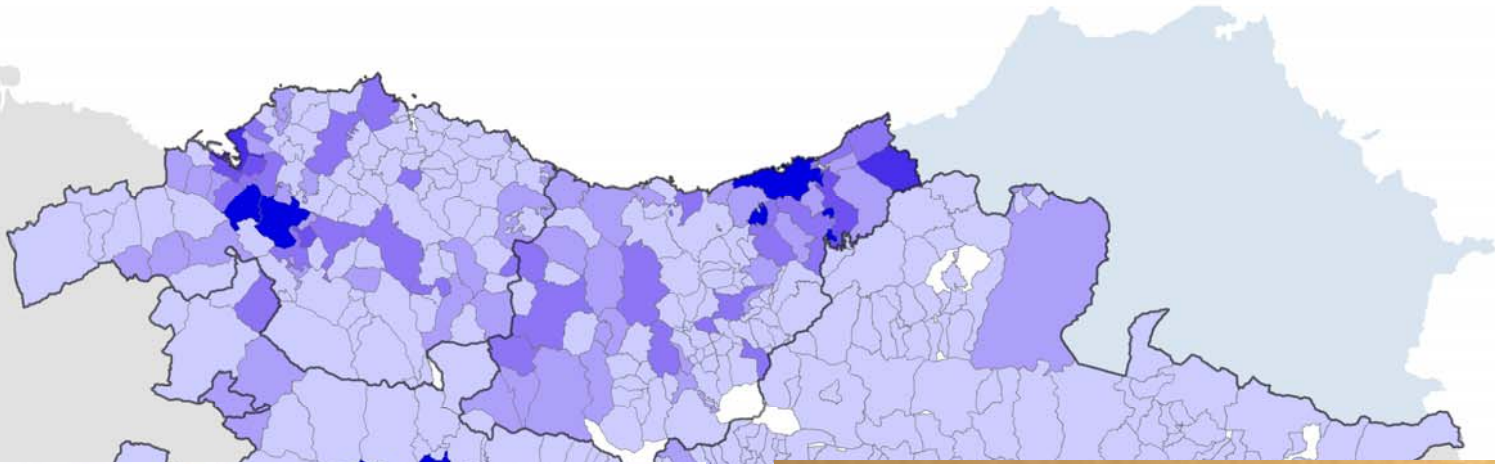
2017

**VOLVEMOS
PARA QUEDARNOS**

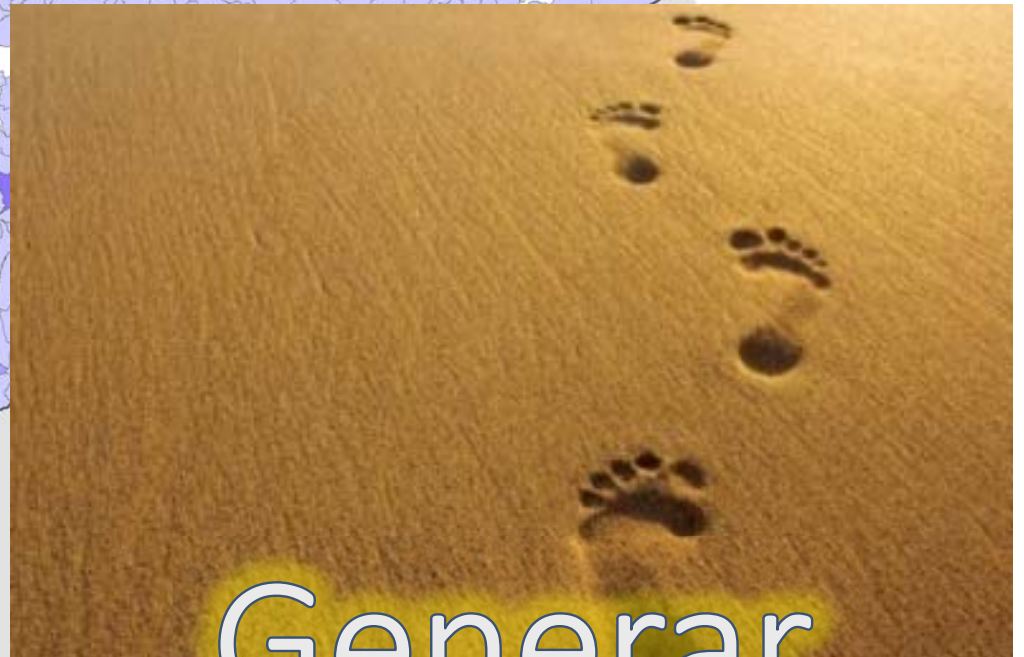
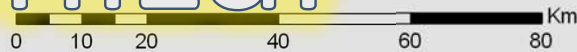
**GERATZEKO
ITZULI GARA**

#BENDITOGLOIOSO





Optimizar



Generar

1:650000



Misión

- Ayudar y capacitar a los atletas para lograr una vida sana y exitosa mejorando su vida y el rendimiento deportivo

Visión

- Convertirse en un sistema internacional de rendimiento en el ámbito del deporte

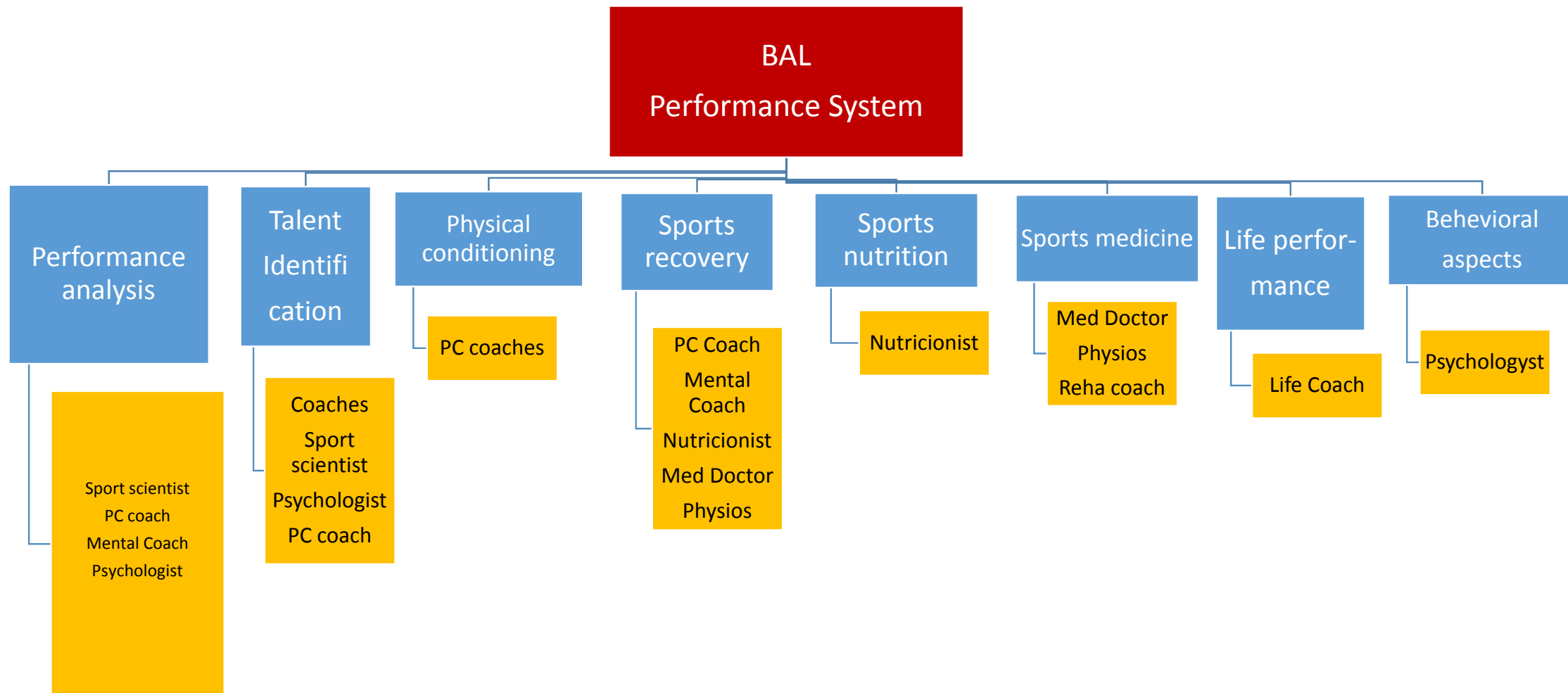
Identidad

- Character
- Ambition
- Prestige
- Innovation
- Effort
- Proud
- Humility

BAL performance parts

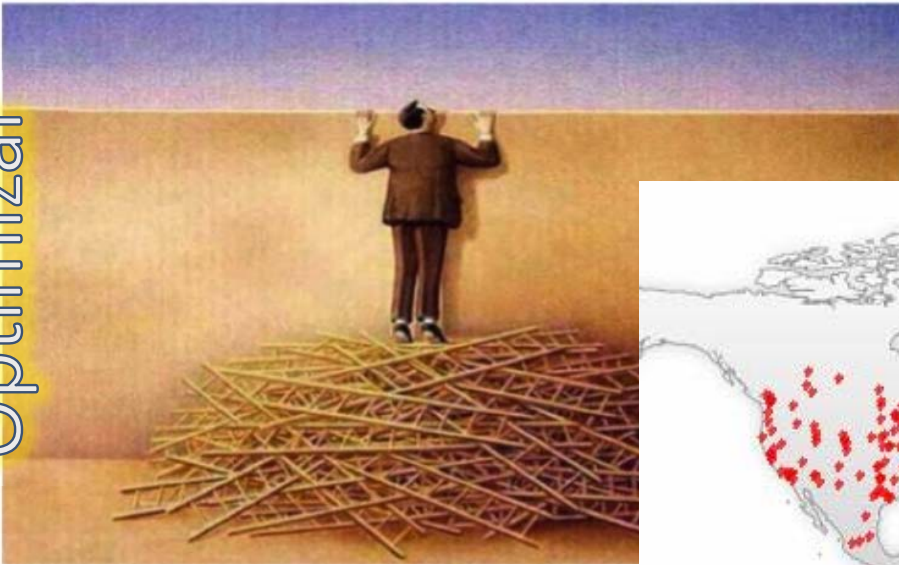


BAL Performace system service

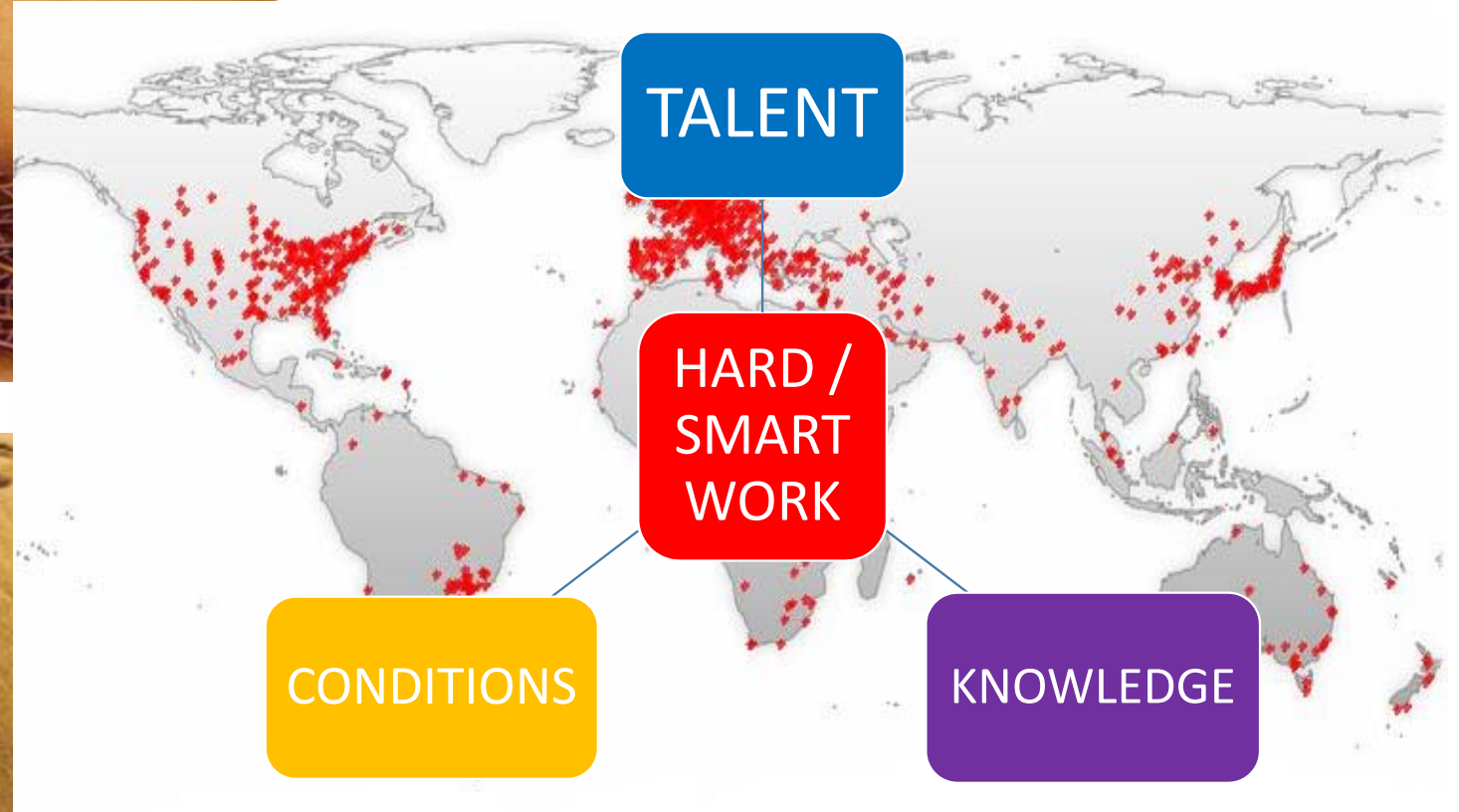




Optimizer



Generar







Monitoring LOAD



RQ RPE



B a s e l i n e



No longer having to guess what's going on



Replicate

Match demands



Optimal

Performance



Retrospective

Prevention



Prospective

Periodization



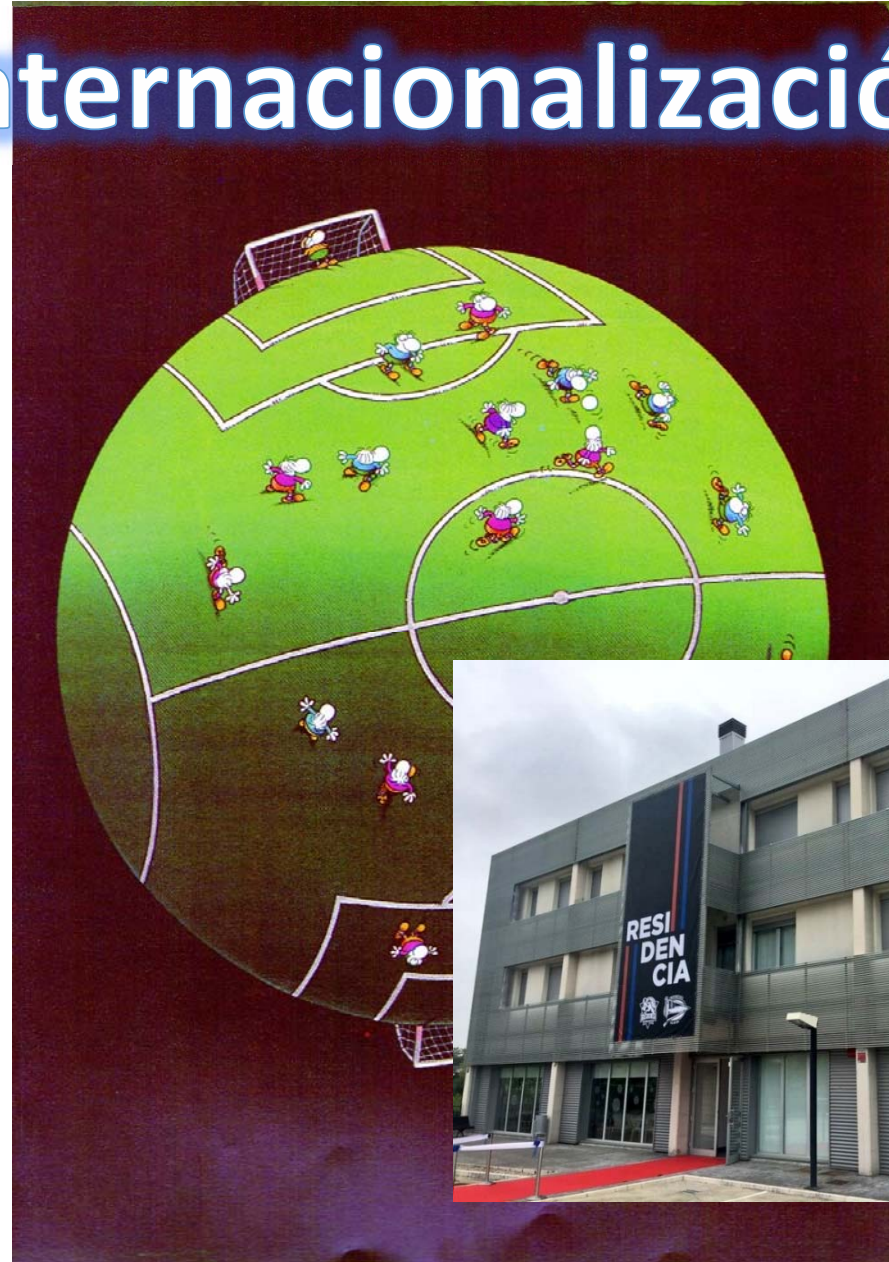
Return to play

Fingerprint

Internacionalización



Retos



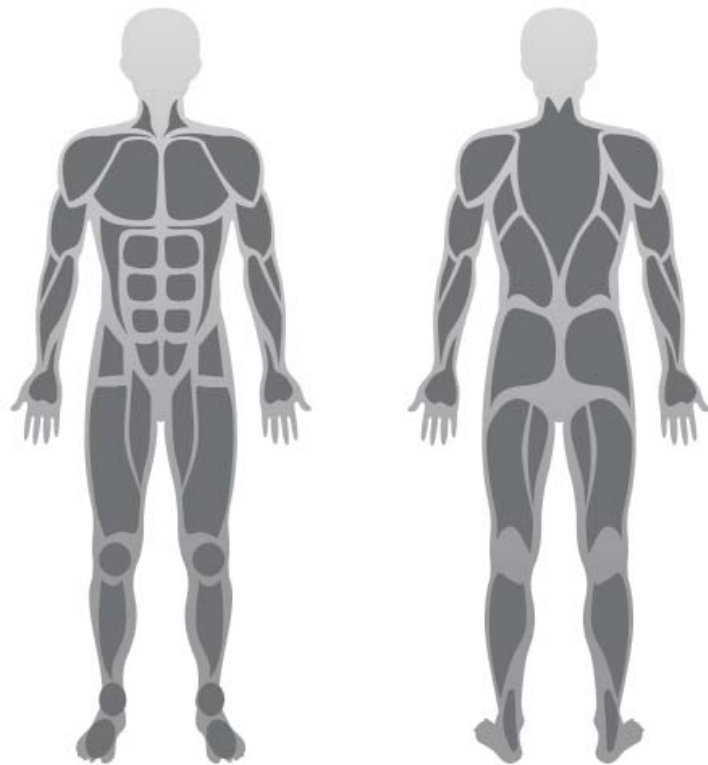


BAL PERFORMANCE SYSTEM

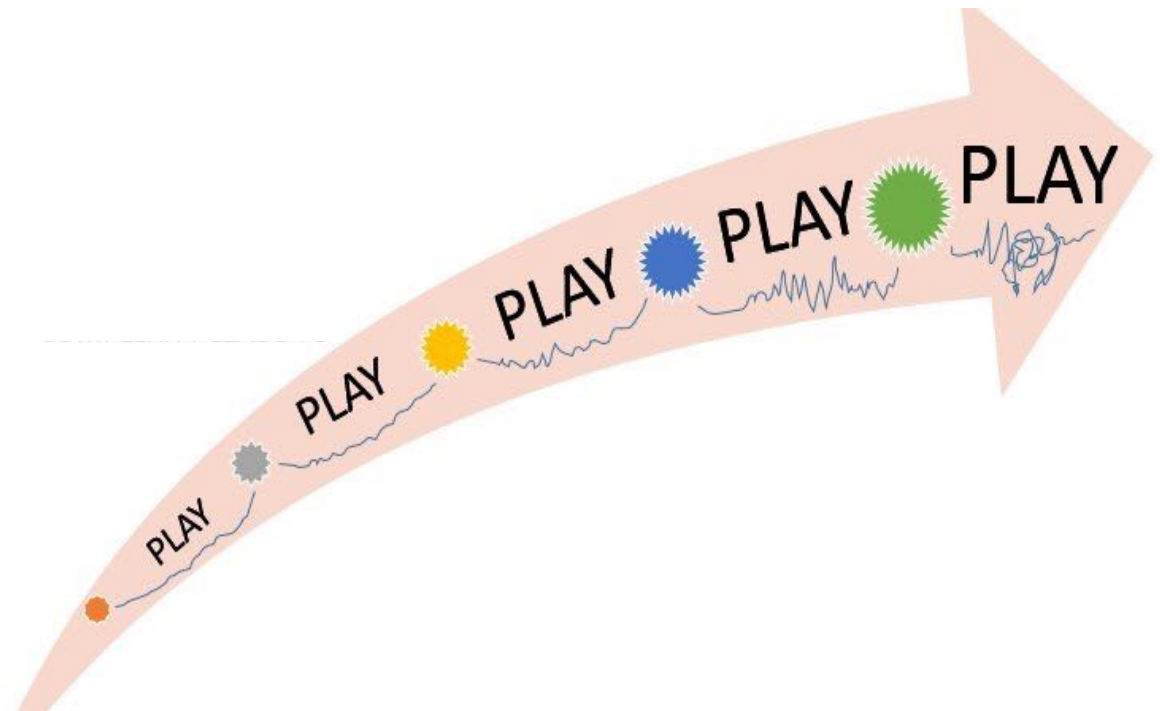
Player
Development
System

Team
Development
System

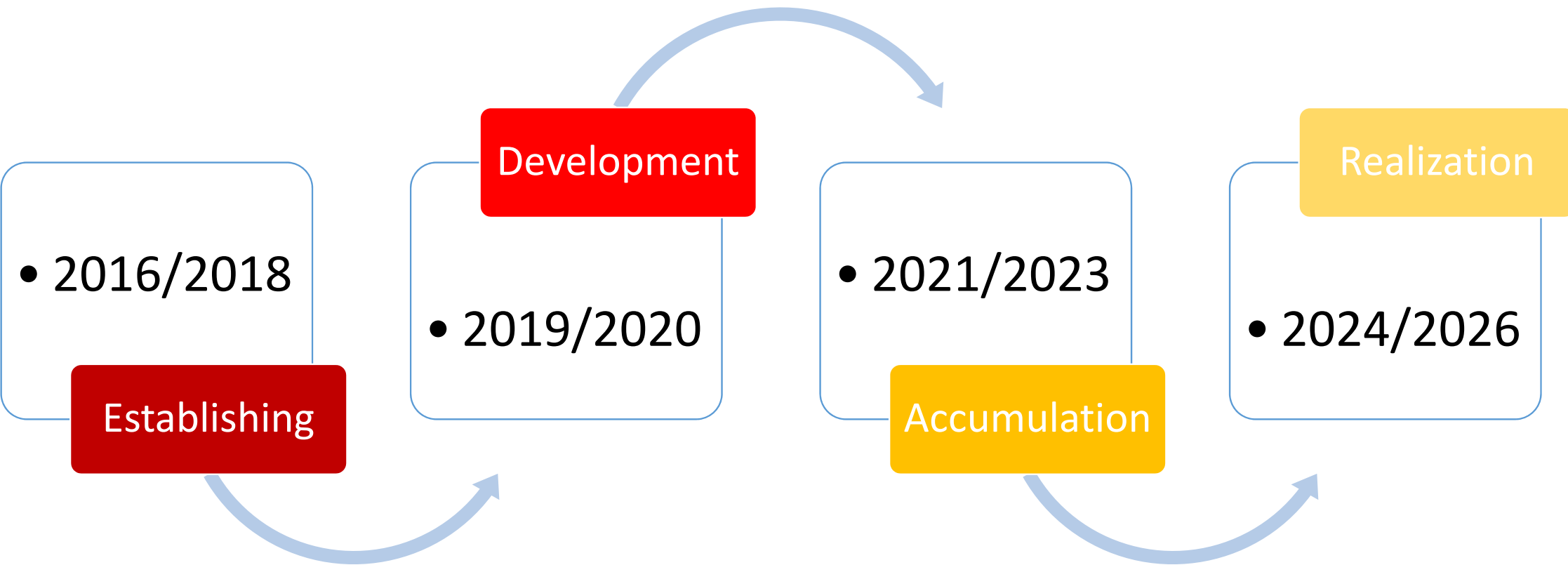
Player Development System



Team Development System



Long term time line...



[illegible]